

PPE Assessment Guide

This Appendix is intended to provide compliance assistance for employers and employees in implementing requirements for a hazard assessment and the selection of personal protective equipment.

1. **Controlling hazards** - PPE devices alone should not be relied on to provide protection against hazards, but should be used in conjunction with guards, engineering controls, and sound manufacturing practices.
2. **Assessment and selection** - It is necessary to consider certain general guidelines for assessing the foot, head, eye and face, body and hand hazard situations that exist in an occupational or educational operation or process, and to match the protective devices to the particular hazard. It should be the responsibility of the safety officer to exercise common sense and appropriate expertise to accomplish these tasks.
3. **Assessment guidelines** - In order to assess the need for PPE the following steps should be taken:
 - a. **Survey.** Conduct a walk-through survey of the areas in question. The purpose of the survey is to identify sources of hazards to workers and co-workers. Exceptional knowledge of the workplace tasks may suffice in lieu of an actual survey. Consideration should be given to the basic hazard categories:
 - Impact
 - Penetration
 - Compression (roll-over)
 - Chemical
 - Heat
 - Harmful dust
 - Light (optical) radiation
 - b. **Sources.** During the walk-through survey the responsible individual should observe:
 - Sources of motion (i.e., machinery or processes where any movement of tools, machine elements or particles could exist, or movement of personnel that could result in collision with stationary objects)
 - Sources of high temperatures that could result in burns, eye injury or ignition of protective equipment, etc.
 - Types of chemical exposures
 - Sources of harmful dust
 - Sources of light radiation, i.e., welding, brazing, cutting, furnaces, heat treating, high intensity lights, etc.
 - Sources of falling objects or potential for dropping objects
 - Sources of sharp objects which might pierce the feet or cut the hands
 - Sources of rolling or pinching objects which could crush the feet
 - Layout of workplace and location of co-workers
 - Any electrical hazards.

PPE Assessment Guide

In addition, injury/accident data should be reviewed to help identify problem areas.

- c. Organize data. Following the walk-through survey, it is necessary to organize the data and information for use in the assessment of hazards. The objective is to prepare for an analysis of the hazards in the environment to enable proper selection of protective equipment.
 - d. Analyze data. Having gathered and organized data on a workplace, an estimate of the potential for injuries should be made. Each of the basic hazards (paragraph 3.a.) should be reviewed and a determination made as to the type, level of risk, and seriousness of potential injury from each of the hazards found in the area. The possibility of exposure to several hazards simultaneously should be considered.
4. **Selection guidelines** - After completion of the procedures in paragraph 3, the general procedure for selection of protective equipment is to:
 - Become familiar with the potential hazards and the type of protective equipment that is available, and what it can do; i.e., splash protection, impact protection, etc.
 - Compare the hazards associated with the environment; i.e., impact velocities, masses, projectile shape, radiation intensities, etc. with the capabilities of the available protective equipment.
 - Select the protective equipment that ensures a level of protection greater than the minimum required to protect employees from the hazards.
 - Fit the user with the protective device and give instructions on care and use of the PPE. It is very important that end users be made aware of all warning labels for and limitations of their PPE.
 5. **Fitting the device** - Careful consideration must be given to comfort and fit. PPE that fits poorly will not afford the necessary protection. Continued wearing of the device is more likely if it fits the wearer comfortably. Protective devices are generally available in a variety of sizes. Care should be taken to ensure that the right size is selected.
 6. **Devices with adjustable features** - Adjustments should be made on an individual basis for a comfortable fit that will maintain the protective device in the proper position. Particular care should be taken in fitting devices for eye protection against dust and chemical splash to ensure that the devices are sealed to the face. In addition, proper fitting of helmets is important to ensure that it will not fall off during work operations. In some cases a chinstrap may be necessary to keep the helmet on an employee's head. (Chinstraps should break at a reasonably low force, however, so as to prevent a strangulation hazard). Where manufacturer's instructions are available, they should be followed carefully.
 7. **Reassessment of hazards** - It is the responsibility of the individual responsible for safety to reassess the workplace hazard situation as necessary, by identifying and evaluating new equipment and processes, reviewing accident records, and reevaluating the suitability of previously selected PPE.

PPE Assessment Guide

8. **Selection chart guidelines for eye and face protection** -Some occupations (not a complete list) for which eye protection should be routinely considered are: carpenters, electricians, machinists, mechanics and repairers, millwrights, plumbers and pipe fitters, sheet metal workers and tinsmiths, assemblers, sanders, grinding machine operators, lathe and milling machine operators, sawyers, welders, laborers, chemical process operators and handlers, and timber cutting and logging workers. The following chart provides general guidance for the proper selection of eye and face protection to protect against hazards associated with the listed hazard "source" operations.

Eye and Face Protection Selection Chart

| Source | Assessment of Hazard | Protection |
|--|---|--|
| IMPACT - Chipping, grinding machining, masonry work, woodworking, sawing, drilling, chiseling, powered fastening, riveting, and sanding. | Flying fragments, objects, large chips, particles sand, dirt, etc. .. | Spectacles with side protection, goggles, face shields. See notes (1), (3), (5), (6), (10). For severe exposure, use faceshield. |
| HEAT-Furnace operations, pouring, casting, hot dipping, and welding. | Hot sparks | Faceshields, goggles, spectacles with side protection. For severe exposure use faceshield. See notes (1), (2), (3). |
| | Splash from molten metals..... | Faceshields worn over goggles. See notes (1), (2), (3). |
| | High temperature exposure..... | Screen face shields, reflective face shields. See notes (1), (2), (3). |
| CHEMICALS-Acid and chemicals handling, degreasing plating. | Splash | Goggles, eyecup and cover types. For severe exposure, use face shield. See notes (3), (11). |
| | Irritating mists .. | Special-purpose goggles. |
| DUST - Woodworking, | Nuisance dust | Goggles, eyecup and |

PPE Assessment Guide

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| buffing, general dusty conditions. | | cover types. See note (8). |
| LIGHT and/or RADIATION - Welding: Electric arc | Optical radiation . | Welding helmets or welding shields. Typical shades: 10-14. See notes (9), (12). |
| Welding: Gas | Optical radiation . | Welding goggles or welding face shield. Typical shades: gas welding 4-8, cutting 3-6, brazing 3-4. See note (9). |
| Cutting, Torch brazing, Torch soldering | Optical radiation .. | Spectacles or welding face-shield. Typical shades, 1.5-3. See notes (3), (9). |
| Glare | Poor vision | Spectacles with shaded or special-purpose lenses, as suitable. See notes (9), (10). |

Notes to Eye and Face Protection Selection Chart:

1. *Care should be taken to recognize the possibility of multiple and simultaneous exposure to a variety of hazards. Adequate protection against the highest level of each of the hazards should be provided. Protective devices do not provide unlimited protection.*
2. *Operations involving heat may also involve light radiation. As required by the standard, protection from both hazards must be provided.*
3. *Faceshields should only be worn over primary eye protection (spectacles or goggles).*
4. *As required by the standard, filter lenses must meet the requirements for shade designations in 1910.133(a)(5). Tinted and shaded lenses are not filter lenses unless they are marked or identified as such.*
5. *As required by the standard, persons whose vision requires the use of prescription (Rx) lenses must wear either protective devices fitted with prescription (Rx) lenses or protective devices designed to be worn over regular prescription (Rx) eyewear (for example some goggles or a faceshield).*

PPE Assessment Guide

6. *Wearers of contact lenses must also wear appropriate eye and face protection devices in a hazardous environment. It should be recognized that dusty and/or chemical environments might represent an additional hazard to contact lens wearers.*
7. *Caution should be exercised in the use of metal frame protective devices in electrical hazard areas.*
8. *Atmospheric conditions and the restricted ventilation of the protector can cause lenses to fog. Frequent cleansing may be necessary.*
9. *Welding helmets or faceshields should be used only over primary eye protection (spectacles or goggles).*
10. *Non-sideshield spectacles are available for frontal protection only, but are not acceptable eye protection for the sources and operations listed for "impact."*
11. *Ventilation should be adequate, but well protected from splash entry. Eye and face protection should be designed and used so that it provides both adequate ventilation and protects the wearer from splash entry.*
12. *Protection from light radiation is directly related to filter lens density. See note 4. Select the darkest shade that allows task performance.*
9. **Selection guidelines for head protection** -All head protection (helmets) are designed to provide protection from impact and penetration hazards caused by falling objects. Head protection is also available which provides protection from electric shock and burn. When selecting head protection, knowledge of potential electrical hazards is important. Class A helmets, in addition to impact and penetration resistance, provide electrical protection from low-voltage conductors (they are proof tested to 2,200 volts). Class B helmets, in addition to impact and penetration resistance, provide electrical protection from high-voltage conductors (they are proof tested to 20,000 volts). Class C helmets provide impact and penetration resistance (they are usually made of aluminum which conducts electricity), and should not be used around electrical hazards. Where falling object hazards are present, helmets must be worn. Some examples include: working below other workers who are using tools and materials which could fall; working around or under conveyor belts which are carrying parts or materials; working below machinery or processes which might cause material or objects to fall; and working on exposed energized conductors. Some examples of occupations for which head protection should be routinely considered are: carpenters, electricians, linemen, mechanics and repairers, plumbers and pipe fitters, assemblers, packers, wrappers, sawyers, welders, laborers, freight handlers, timber cutting and logging, stock handlers, and warehouse laborers.
10. **Selection guidelines for foot protection** - Safety shoes and boots which meet the ANSI Z41-1991 Standard provide both impact and compression protection. Where necessary, safety shoes can be obtained which provide puncture protection. In some work situations, metatarsal protection should be provided, and in other special situations electrical conductive

PPE Assessment Guide

or insulating safety shoes would be appropriate. Safety shoes or boots with impact protection would be required for carrying or handling materials such as packages, objects, parts or heavy tools, which could be dropped; and, for other activities where objects might fall onto the feet. Safety shoes or boots with compression protection would be required for work activities involving skid trucks (manual material handling carts) around bulk rolls (such as paper rolls) and around heavy pipes, all of which could potentially roll over an employee's feet. Safety shoes or boots with puncture protection would be required where sharp objects such as nails, wire, tacks, screws, large staples, scrap metal etc., could be stepped on by employees causing a foot injury. Some occupations (not a complete list) for which foot protection should be routinely considered are: shipping and receiving clerks, stock clerks, carpenters, electricians, machinists, mechanics and repairers, plumbers and pipe fitters, structural metal workers, assemblers, drywall installers and lathers, packers, wrappers, craters, punch and stamping press operators, sawyers, welders, laborers, freight handlers, gardeners and grounds-keepers, timber cutting and logging workers, stock handlers and warehouse laborers.

11. Selection guidelines for hand protection - Gloves are often relied upon to prevent cuts, abrasions, burns, and skin contact with chemicals that are capable of causing local or systemic effects following dermal exposure. OSHA is unaware of any gloves that provide protection against all potential hand hazards, and commonly available glove materials provide only limited protection against many chemicals. Therefore, it is important to select the most appropriate glove for a particular application and to determine how long it can be worn, and whether it can be reused. It is also important to know the performance characteristics of gloves relative to the specific hazard anticipated; e.g., chemical hazards, cut hazards, flame hazards, etc. These performance characteristics should be assessed by using standard test procedures. Before purchasing gloves, the employer should request documentation from the manufacturer/distributor that the gloves meet the appropriate test standard(s) for the hazard(s) anticipated (especially in the case of chemical exposures). In some cases, glove use may increase injury potential and their use should be seriously questioned. Other factors to be considered for glove selection in general include:

- As long as the performance characteristics are acceptable, in certain circumstances, it may be more cost effective to regularly change cheaper gloves than to reuse more expensive types.
- The work activities of the employee should be studied to determine the degree of dexterity required, the duration, frequency, and degree of exposure of the hazard, and the physical stresses that will be applied.

With respect to selection of gloves for protection against chemical hazards:

- The toxic properties of the chemical(s) must be determined; in particular, the ability of the chemical to cause local effects on the skin and/or to pass through the skin and cause systemic effects
- Generally, any "chemical resistant" glove can be used for dry powders

PPE Assessment Guide

- For mixtures and formulated products (unless specific test data are available), a glove should be selected on the basis of the chemical component with the shortest breakthrough time, since it is possible for solvents to carry active ingredients through polymeric materials
- Employees must be able to remove the gloves in such a manner as to prevent skin contamination.

12. **Cleaning and maintenance** - It is important that all PPE be kept clean and properly maintained. Cleaning is particularly *important for eye and face protection where dirty or fogged lenses could impair vision.* For the purposes of compliance with 1910.132 (a) and (b), PPE should be inspected, cleaned, and maintained at regular intervals so that the PPE provides the requisite protection. It is also important to ensure that contaminated PPE that cannot be decontaminated is disposed of in a manner that protects employees from exposure to hazards.

To comply with the PPE standard's requirements, it will be necessary to document the hazards associated with tasks where PPE will be used. It will be necessary to create a list of tasks, along with a list of the specific hazards and which PPE is selected to address each hazard. Keeping this list of tasks, hazards and selected PPE is a critical element of the PPE standard, as it constitutes the PPE assessment. The individual who conducted the assessment should be included, as well basic information regarding the fitting/comfort of PPE and how and when employees are trained in its usage.

It is also important to note that the selection, use, maintenance, etc. of respiratory protection falls under the requirements of 1910.134, so that standard and its appendices should be consulted if respiratory use is considered.