



**CITY OF BARRE**  
**Paths / Routes / Trails Committee**  
**MEETING AGENDA**

**Committee/board:** Barre City Paths-Routes-Trails Committee (PRT)

**Date/Time of meeting:** Wednesday; April 14, 2021 5:00 p.m.

**Location of meeting:** Virtual via Zoom

This Paths-Routes-Trails meeting is held using ZOOM software and is open to the public via computer or phone.

Topic: Paths/Routes and Trails Committee

Time: Apr 14, 2021 05:00 PM Eastern Time (US and Canada)

Join Zoom Meeting

<https://us02web.zoom.us/j/82337169806?pwd=bnY0V0N1emhQSWM3N3Q0QlBiK2FVQT09>

Meeting ID: 823 3716 9806

Passcode: 252872

One tap mobile

+19292056099,,82337169806#,,, \*252872# US (New York)

Meeting ID: 823 3716 9806

Passcode: 252872

Find your local number: <https://us02web.zoom.us/j/82337169806?pwd=bnY0V0N1emhQSWM3N3Q0QlBiK2FVQT09>

1. Call to Order
2. Adjustments to the Agenda.
3. Visitors
4. Approval of the March 10, 2021 meeting minutes
5. Metro Way Updates: General update on status of project.  
: Update on City – RR & VAOT discussions on project and offset issues.
6. Committee review and comment on PRT Charge Statement, Priorities and one-year plan. To be forwarded to committee separately.
7. Discussion of use of tick signs at path trailheads. See information below.
8. Board Members Questions & Comments
9. Next Meeting Date

Tick season is upon us

Bern R <[dulcimeralive@gmail.com](mailto:dulcimeralive@gmail.com)>

to me, squaranta, Steven

Sat,

Hi Scott.

I'm emailing you as chair of the PR&T committee.

Tick season is upon us. Onion River Animal Hospital posted first tick removal last week after a "warm" day.

If you'd like, I have fiberglass "tick" signs (as seen at the ends of the bike path) if you'd like to post anywhere not yet up around the city paths and trails (see below) In the past I've given "tick talks", but also share info about tick borne disease/people/pets/repellents and more. Dogs, even with Lyme/tick meds, often will carry ticks on their fur (into the house, your car, your bed), so anywhere we have dog, deer, human traffic, we have ticks.

I use [www.tickencounter.org](http://www.tickencounter.org) from the U of RI as good info, [www.lymepa.org](http://www.lymepa.org) (green booklet) for people symptoms. In the spring, when above 32° ticks are out. Nymphs winter over are teeny specks like pepper, yet are voracious! The incidence of disease found in central Vt (last I knew 2015 was 25%-40%) and every year, more co-infections are detected.

Kids are most susceptible to picking up ticks and being neurologically affected. It is important to identify the type of ticks you find. CDC guidelines are for REPORTING and should NOT be used as diagnostic tools. PREVENTION and AWARENESS are key! My adult daughter picked up a tick in late Nov. after snow, on a 40+° day on the bike path, so we know with deer, dogs, people, they ARE there.

We (I) want to enjoy the outdoors, go camping, enjoy our city areas, and we CAN do that with a little precaution. Sadly, COVID has more people outside FORGETTING about ticks... so much easier to avoid a difficult to diagnose illness, or one that can go undetected until damage is done.

If you want any of the tick signs, let me know and I am happy to get them to you.  
Best to you!

Bern in Barre City

Steven Mackenzie via [barrecity.onmicrosoft.com](http://barrecity.onmicrosoft.com)



# PREVENT TICK BITES!

- WEAR REPELLENT
- CHECK FOR TICKS DAILY
- SHOWER SOON AFTER BEING OUTDOORS
- CALL YOUR DOCTOR IF YOU GET A FEVER OR RASH

For more information: [www.cdc.gov/ticks](http://www.cdc.gov/ticks)



Centers for Disease Control and Prevention  
1600 Clifton Road, NE  
Atlanta, GA 30333  
www.cdc.gov